

Praise God for His Goodness and Love!



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Congratulations, you made it! This is the last verse of Psalm 103. If you've kept up, you now have the whole chapter memorized. Psalm 103 is a song of worship reminding us of the many ways God has blessed his people. If you've trusted in Jesus for your salvation, then you are one of God's people, too. These blessings are for you!

Take a few minutes to review all the blessings in this chapter: God forgives our sins (Verses 3,10, 12), heals our diseases (3), satisfies us with good (5), works for justice (6), treats us with fatherly compassion (13), knows our weaknesses (14), and rules over all (19). Which blessing or verse from Psalm 103 encourages you the most? Talk about that verse with your Dad or Mom; tell them why that encourages you. Praise God for that blessing.

The words **“steadfast love”** appear four times in this chapter. Can you find which verses they show up in? Why do you think these words are repeated? What should we learn about God from them? Can you think of specific ways God has shown his steadfast love for you?

Psalm 103 begins with David blessing (worshipping & praising) the Lord. In verses 20-21, the angels join in. Now, in verse 22, **“all his works”** - including you and me! - are invited to worship God. One way we bless God is by talking to him in prayer. Take a few minutes to pray with your Dad or Mom. Thank God for who he is, for his steadfast love and mercy. Thank him for the specific ways he has blessed you.

Continue to work on memorizing Psalm 103. Use it to remind you to praise God for his goodness and love!