

God Will Be With You in the Hard Times



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be not dismayed, for I am your God;
I will strengthen you, I will help you, I will
uphold you with my righteous right hand.**

- Isaiah 41:10

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Can you remember a time when you were scared? What did it feel like to be in that situation? What were you most afraid of? Did you feel like you were all alone? What did you do? Whom did you turn to for help?

God wants us to turn to him for help in the hard times. Listen to what God says in this verse:

- ☆ God says ***Fear Not***. You don't have to be afraid. Why not? Because ***I Am With You***. Notice God doesn't say "I will hear your prayers," or "I will be with you," but "I AM with you; right now."
- ☆ God says ***Be Not Dismayed*** by the situation you're facing. Don't be discouraged or lose hope. Why? Because ***I Am Your God***. You belong to me. I am watching over you with wisdom and power.
- ☆ Are you weak? God says ***I Will Strengthen You***. I will give you the strength you need to get through this difficulty. I will help you do what's right, even when doing what's right seems impossible.
- ☆ Does it look like others have abandoned you and you are all alone? God says ***I Will Help You***. I am here with you to help you. I'm on your side. I am for you in this situation.
- ☆ Does it feel like you are sinking down? God says ***I Will Uphold You with My Righteous Right Hand***. I will lift you up and keep you from falling. I will hold you with the arm of my strength.

How can knowing this promise help you when you're afraid or discouraged?

How can you benefit from this promise - What does it look like to put this promise into action?