

Be Joyful in Trials



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What brings you joy in life? Maybe eating your favorite ice cream brings you joy, or playing with your best friend, or getting a big present. But what if you break your arm and have to have it in a cast? Will you be joyful then? You can be, if you understand and apply these verses from the Bible.

All of us experience trials in life, like getting sick or losing a favorite toy or dealing with someone who is unkind. Trials are tests that challenge our faith. People usually feel sad or discouraged when trials come. But if you are a Christian, if you are trusting in Jesus, you can respond to trials with joy. Why? Because we know God uses trials to make us steadfast in our faith and to help us grow in obedience and holiness. Here's a good way to put these verses into action (You might want to ask your dad or mom to help you.):

Think of one trial you are facing right now or that you face regularly.

1. What are some Bible promises that will help you to trust God in this situation?

- ☆ God will always be with you. He will never leave you. (Hebrews 13:5)
- ☆ God will work all things for your good. (Romans 8:28)
- ☆ God will strengthen you and help you. (Isaiah 41:10)

2. What does God want you to do in this situation? What does it look like to obey him?

3. Pray and ask God to help you trust in his promises, do what is pleasing to him, and be joyful in trials.