

God Will Help You Escape Temptation



No temptation has overtaken you that is not common to man. God is faithful, and he will not let you be tempted beyond your ability, but with the temptation he will also provide the way of escape, that you may be able to endure it. - 1 Corinthians 10:13

God Will Help You Escape Temptation

No temptation has overtaken you that is not common to man. God is faithful, and he will not let you be tempted beyond your ability, but with the temptation he will also provide the way of escape, that you may be able to endure it. - 1 Corinthians 10:13

What is happening in this picture? Do you ever fight with your brother or sister? Sometimes it's hard to do what's right. You know you should be kind to your brother or sister and you really *want* to do what's right, but you end up fighting instead. Sometimes it just seems impossible to obey. Who can you turn to for help?

When you're tempted to do what's wrong, this verse says *God* will help you escape temptation and do what's right. *God* is faithful. This means he always keeps his promises. In this verse *God* makes two promises that will help you when you're tempted to sin. First, *God* promises he won't let you be tempted beyond what you can handle. He knows your strengths and weaknesses. In every situation you *can* do the right thing with *God's* help. Second, *God* promises to provide a way of escape. There is a right thing to do or say that will be pleasing to *God* in every situation. So you should never say it's impossible to obey. Instead, when you are tempted to sin, ask *God* to show you the way of escape and to give you the strength to obey. Remember, *God* will help you.

What's one temptation you face where it seems impossible to obey *God*?

What is one possible way of escape when you're facing that temptation? Can you think of something you could say or do that would be pleasing to *God*?

Pray and ask *God* to help you to know and to do what's right the next time you are in this situation.