

# *Call Upon God*



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Have you ever been in a situation where you were afraid and needed help? Did you run to your dad or mom and ask them to help you? Why did you go to your dad or mom? You went to them because you knew they loved you and that they would listen to you and help you.

There is a story in the Bible about a group of men who hated King David and were trying to kill him. David was afraid. He knew he was in trouble and that he needed help. He needed someone to protect him from his enemies. What did David do? He prayed and asked God to help him. You can read his whole prayer in Psalm 86. Why did David go to God for help? David went to God because 1) he knew God loved him very much, 2) he knew that God would answer his prayer, and 3) he knew God was wise enough and strong enough to help him.

- ☆ What kinds of troubles do you face? In what situations do you need help?
- ☆ What things do you know about God that will help you in times of trouble?
  - ✓ God loves you with a steadfast love (Psalm 86:5).
  - ✓ God will answer you when you pray (Psalm 86:7).
  - ✓ God is strong. He is able to help you (Psalm 86:10).

God wants us to come to him in times of trouble. He will hear and answer your prayers. Does that mean God will always do what you ask? No, sometimes he has a better plan in mind. But, you can trust in God's goodness and faithfulness. God always does what is best. God helps and comforts those who call upon him.