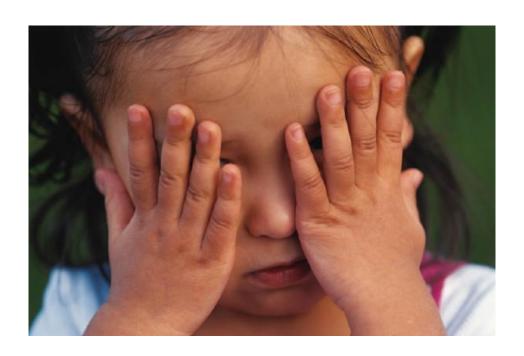# Trust in God

When I am afraid, I put my trust in you. In God, whose word I praise

– Psalm 56:3-4

Trust in God

When I am afraid, I put my trust in you. In God, whose word I praise
– Psalm 56:3-4

Have you ever been afraid? Maybe you're afraid of the dark and imaginary monsters that might be under your bed. Maybe you're afraid of strangers or getting lost in a place you've never been before. Maybe you're afraid of barking dogs or high places or loud thunderstorms. What kinds of things make you afraid?

Whenever you're afraid, God wants you to trust in him. Why? Because…

1. God is bigger than any problem you may face. God rules over everything and he is mighty to save. God saved Daniel from the lions. He delivered David from the giant. Nothing is too hard for God.

2. God knows your problems and fears. In his kindness and mercy, God watches over you and provides for your needs. God knows what's best and he will do what's best at just the right time.

3. God is for you. He loves you and has promised to be with you, even when you're afraid.

We know all of these things are true because this is what God's Word, the Bible, tells us. Praising God's Word is just another way of praising God, because it reminds us who God is and what he has done.

So how can this verse help you? First, memorize Psalm 56:3-4. Then the next time you're afraid, use this verse to remind you to trust in God. Pray, and ask God to help you to know that He is mighty to save. Remember, he knows your situation and he will help you. Finally, thank him for listening and answering your prayers.