

Only the Forgiven are Truly Happy



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and shout for joy, all you upright in heart!”**

- Psalm 32:11

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Look at the children on the front of this sheet. Do they look happy? Yes, they do! They are jumping up and down, shouting with joy. What could possibly bring you this much happiness? Would lots of presents bring you happiness? What about having a big house, or going on fun vacations? Sure, those things are nice. But what brings true happiness? What does Psalm 32 teach us? (Hint: look at the top of this sheet.)

The last verse of Psalm 32 tells us to "*be glad in the LORD.*" This means that God is the true source of our joy and happiness. God made us to have a relationship with him. He wants to be our very best friend. But there's a problem. Each of us has sinned against God. We've disobeyed him, doing what we want to do instead of what he wants. Sin breaks our relationship with God. The Bible says the punishment for sin is death and separation from God forever.

But God loved us so much he sent his son, Jesus, to rescue us from our sin. Jesus died on the cross to take the punishment we deserved. When we trust in Jesus and ask him to forgive us, he forgives all our sins. We no longer have to feel guilty for the wrongs we've done. Experiencing God's forgiveness makes us truly happy. Knowing we can be friends with God again causes us to "*rejoice*" and "*shout for joy!*"

Have you prayed and asked Jesus to forgive you? Talk to your Dad or Mom. Ask them to tell you about the gospel and to pray with you. Following Jesus is the best way to live!